

Hello Parents and Guardians,

We are so proud to partner with the American Heart Association and have our school participate in the Kids Heart Challenge event this year, formerly known as Jump Rope for Heart.

We need your help to make this event a success. You can help by going online at <http://www2.heart.org/goto/TekamahHerman>, or by downloading the free Kids Heart Challenge mobile app, to register your student and help them take the heart health challenge.

Our goal is to have 100% of our students/faculty take their heart health challenge online to do a good deed, drink more water, or exercise daily (no donation is required to participate). When the student takes their challenge, they will become a Heart Hero and get a free wristband! **If we have over 50% of our students register online for the challenge, we will earn \$300 in free Athletic Equipment.** We need 125 students to meet the 50% benchmark. Will you help us by helping your student register online to take their heart health challenge?

Once your student is registered, they will have the option to solicit donations from friends and families, in support of the life-saving work of the American Heart Association.

Thank you for your life-saving help!