

Students who exhibit a fever of 100 degrees Fahrenheit or higher shall not be permitted to school until they have been fever free without medication for 24 hours.

-Tekamah-Herman Community Schools
PreK and Elementary Student Handbook, p. 11



Parents/Guardians:

Cold season is approaching! Our school follows the guideline suggested by Nebraska Regulation (Title 173, Chapter 005) and the Center for Disease Control (CDC). If your child is sent home with a temperature of 100 or more, he/she will not be admitted to school until he/she is fever free without using fever reducing medication for 24 hours.

How long should I stay home if I'm sick? The CDC recommends that you stay home for at least 24 hours after your fever is gone except to get medical care or other necessities. Your fever should be gone without the use of a fever-reducing medicine, such as Tylenol®. You should stay home from work, school, travel, shopping, social events, and public gatherings.

What should I do while I'm sick? Stay away from others as much as possible to keep from infecting them. If you must leave home, for example to get medical care, wear a facemask if you have one, or cover coughs and sneezes with a tissue. Wash your hands often to keep from spreading flu to others.